

Prophet Bonang



THE BOND BETWEEN LOVE AND TRUST

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Unless otherwise stated, all Scripture quotations are taken from the
New International Version of the Bible.

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Introduction

Many of you have heard the statement, “Let us love others but not trust them.” It may sound like good advice, but I want to tell you today, it is a dangerous mindset. True love goes with trust. If you love someone but cannot trust them, then your love is incomplete, it is not real. As your Prophet, I have seen how many of you struggle with this idea, and I am here to help you understand why love and trust must always go hand in hand.

This booklet is for you. If you’ve ever questioned the bond between love and trust or found yourself loving someone without truly trusting them, I encourage you to read on. Together, we will explore how trust is the foundation of all true love, and why, without trust, love is dead.



Chapter 1: The Foundation of Love is Trust

My dear brothers and sisters, let me ask you: how can we claim to love if we cannot trust? 1 Corinthians 13:7 (NIV) tells us that “Love always trusts, always hopes, always perseveres.” Love without trust is not love at all, it is a counterfeit. If you are loving someone but keeping a part of your heart locked away, then you are not truly loving them. You are loving out of convenience or fear, but not out of genuine affection.

God’s love for you is built on trust. He has entrusted you with His grace, His mercy, and His plans for your life. He didn’t withhold anything from you. He has given you His all. In the same way, your love for others must be based on trust, or it will never grow to be what it could be.

I want you to take a moment and reflect: are you holding back your love because you don’t trust? If so, it’s time to change that.



Chapter 2: Trust Reflects God's Love for Us

Do you know that God's love for you is grounded in trust? When Jesus said in John 14:1 (NIV), "Do not let your hearts be troubled. Trust in God; trust also in me," He was calling us to a love that includes complete trust. Trust is a reflection of God's love for you. He doesn't just love you; He trusts you to fulfill the purpose He has for you.

If God Himself entrusts us with His love, how can we say we love someone but refuse to trust them? Let me tell you something: when you withhold trust, you are withholding love. You are not giving that person all of your heart, just a fraction of it.

I ask you, are you giving your loved ones a fraction of your heart? It's time to reflect the love that God has shown you and give your trust fully.



Chapter 3: Who Can Accept Love Without Trust?

Let me be real with you for a moment: would you accept love without trust? Would you feel loved if someone said they loved you but constantly doubted you? Of course not. As I often say, “Lack of trust means you are a suspect.” When someone does not trust you, no matter what you do to prove yourself, they will never fully accept you. They are constantly holding something back.

That is not love. That is suspicion, and it is an affliction. True love does not suspect; it believes, it hopes, and it trusts.

Ask yourself: how can you give love to someone and not give them your trust? It’s like giving someone a gift but keeping the key to unlock it. It’s time to unlock that gift and let love flow freely. Trust is the key.

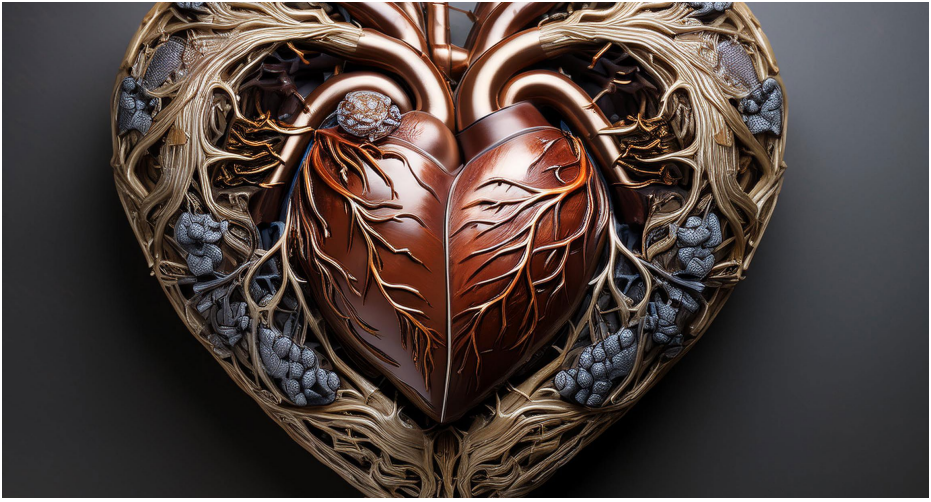


Chapter 4: The Danger of Distrust

Some of you are holding back trust because you've been hurt before. I understand that. But let me tell you this: distrust is a dangerous thing. Proverbs 3:5-6 (NIV) says, "Trust in the Lord with all your heart and lean not on your own understanding." When you don't trust, you are acting out of fear, not love. And where there is fear, love cannot thrive.

Distrust poisons relationships. It breeds suspicion, bitterness, and division. When you love someone but refuse to trust them, you are weakening the bond that was meant to hold you together. I want you to know, love requires vulnerability, and trust is the fruit of that vulnerability. Without trust, you are simply going through the motions of love without the substance.

Think about your relationships: are they suffering because you are holding back trust? It's time to let go of the fear and choose trust.



Chapter 5: When Trust Fades, Love Dies

Hear me clearly: the moment there is no trust, love is dead. I have seen it happen time and time again. The absence of trust kills love. 1 John 4:18 (NIV) says, “There is no fear in love. But perfect love drives out fear.” Where there is no trust, there is only fear, and where there is fear, love fades away.

A relationship without trust is like a tree without roots—it cannot survive. It may stand for a little while, but the first storm that comes will knock it down. I want you to ask yourself: are you in a relationship that is lacking trust? If so, then the love you thought was there may already be fading. But it’s not too late.

It’s time to rebuild the trust. Without it, love will continue to wither. With trust, love can thrive again.



Chapter 6: Rebuilding Trust Where It Has Been Broken

I know that some of you have experienced broken trust. You've been hurt, betrayed, or let down, and now it's hard for you to trust again. But I want you to know, trust can be rebuilt. Proverbs 27:6 (NIV) says, "Wounds from a friend can be trusted." Rebuilding trust requires patience, forgiveness, and effort, but it is possible.

As your Prophet, I encourage you to take small steps towards rebuilding trust. Open up the lines of communication. Be vulnerable again, even when it feels risky. Trust is not just something you give, it's something that grows over time.

I want you to reflect on this: has broken trust stopped you from fully loving someone? It's time to start the process of healing and rebuild that trust.



Chapter 7: Trust is a Test of True Love

Finally, I want you to know that trust is the ultimate test of true love. When you truly love someone, your trust will be tested. 1 Corinthians 13:7 (NIV) tells us, “Love always trusts, always hopes, always perseveres.” Love that survives the test of trust is love that endures.

If your trust in someone is being tested right now, know that it is an opportunity for your love to grow stronger. Don't give up on that trust. Don't let fear destroy what could be a beautiful, lasting love.

Trust is not easy, but it is worth it. It is the foundation of love, and without it, love cannot last.



Conclusion: Love and Trust—A Sacred Bond

My dear brothers and sisters, I want you to leave with this truth firmly planted in your hearts: love and trust are inseparable. You cannot truly have one without the other. If you say you love someone, but you don't trust them, then your love is incomplete.

As I have said, "The moment there is no trust, love is dead!" Let us reject the notion that we can love without trust. Instead, let us build relationships that are rooted in both, knowing that when trust is present, love can grow into something beautiful and enduring.

Let us choose to love fully, and let us choose to trust, even when it is difficult. In doing so, we will experience the fullness of love as God intended.

Let Grace Lead.

Further Suggestions for Reflection:

Discussion Points:

How can you rebuild trust where it has been broken?
What does it mean to trust God in your relationships,
even when you've been hurt?

Practical Applications:

Engage in daily acts of trust in your relationships—
through small gestures and open communication.
Reflect on how God's trust in you is a model for the trust
you should have in others.

Prayer Focus:

Pray for healing in relationships where trust has been-
broken.
Ask for the grace to trust again and for the strength to
love fully.

Let Grace Lead.

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